

Yellow Stripe Warrior

Little Warrior Skills

Green Stripe:

Ready Stance
(Stand with feet as wide as shoulders and fists in front of belt knot)

Blue Stripe:

Low Block
(Fist in front of knee. Palm toward leg.)

Purple Stripe:

Demonstrate Integrity
(Student can get this stripe when they demonstrate integrity in making good choices)

Please email Coach Evans if you believe your child should receive this stripe for their actions.
coachbryanevans@gmail.com

Red Stripe:

Front Kick
(Kick straight up middle. Knee bends, then kick, then knee bends again before setting down.)

Black Stripe:

Strength Skill
(Hop on 1 foot 5 times, then switch)

Yellow Stripe:

What is Integrity?
"Integrity is doing the right thing, no matter what"



"Stripes" are awarded during classes.
A Yellow Stripe Warrior is ready to test when they receive all stripes.

www.leandertkd.com
www.thetkdcoach.com